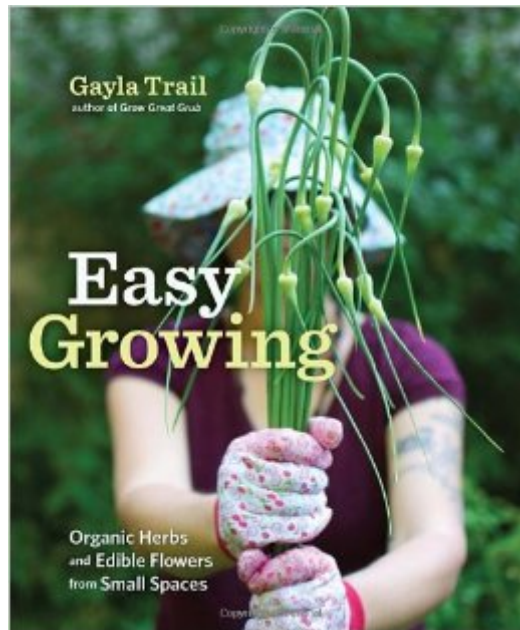


The book was found

# Easy Growing: Organic Herbs And Edible Flowers From Small Spaces



## Synopsis

Growing a handful of herbs and edible flowers adds sparkle to dozens of meals year-round.

Fortunately for us, these plants are not fussy. They're simple to grow and will fit into any space you can provide, including a crack in a broken patio stone, the step next to your front door, or a windowsill. In *Easy Growing*, Gayla Trail—author of *Grow Great Grub* and creator of the top online gardening community, *YouGrowGirl.com*—shares the tips, ideas, and know-how you need to raise delicious organic edibles wherever you can squeeze in a planter. Herbs give big rewards with a small amount of work—even the most inexperienced, space-strapped gardener will have success. This handbook includes:

- Guidance on choosing the right plants, designing dazzling in-ground gardens and striking edible containers, and growing herbs indoors year-round
- Ins and outs of growing fifty different plants and hundreds of varieties, from warm and aromatic Mojito mint to peppery nasturtium flowers, from fruity lemon verbena to exotic cinnamon basil, and more
- Handy tricks for winterizing plants and extending the outdoor growing period
- Simple recipes for cooking with and preserving your harvest: Herb-Encrusted Goat Cheese; Homegrown Bloody Mary Mix; Lavender Shortbread; Orange, Rosemary, and Honey Ice Cream
- Upcycling projects based on reusable materials

Perfect for novice gardeners and longtime enthusiasts looking for inspiration, *Easy Growing* is a fun, power-packed resource for creating a delicious herb garden anywhere.

## Book Information

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## Customer Reviews

Gayla Trail's newest book "Easy Growing: Organic Herbs and Edible Flowers from Small Spaces" is a pleasurable read, especially in the throes of Winter. I'll admit to being drawn to any good gardening book, but this one has a couple points in its favor to push it to the top of your "wish list." First off, if you love edible flowers like I do, or just want to plant flowers that aren't poisonous to your children or pets, this book has great recommendations. It includes information on what to plant, how the different flowers (& herbs) taste and some recipes for how to use them. Besides all of this- I love that it's written from an American perspective since most books on edible flowers these days seem to come from Britain. Nothing against the Brits, but I want to know what grows well here (and I don't want to have to convert things from Metric.) The second point in the books' favor relates to her rating system for projects. Approximately the first half of the book covers gardening basics. Chapters 4-7 include a variety of projects which are rated for difficulty. This is a boon to both beginner gardeners and experienced gardeners alike. Start with something simple. Pictures throughout the book show what the plants should look like at maturity, and I am impressed that each recipe has an accompanying picture as well. Over all, the book is a good investment of your \$20. This is not just another gardening book to fill your shelf, it's a beautiful handbook to use again and again. You can learn more about Gayla Trail, and gardening, at her website: [...] This review was originally posted on [...]

This is a great book; I've been gardening for years and found this to be full of useful information. Great photos really help identify plants! The author is very clear on what parts of each plant is edible, provides a lot of "how to" tips, and includes some fabulous recipes - pesto anyone? Full of ideas on how to choose the right varieties, grow an herb garden practically anywhere, shows you what to look for when you suspect garden pests, and provides harvesting info. Love this book!

I love Gayla Trail and was first introduced to her by her other book Grow Great Grub, which I absolutely love and use all the time. Granted her book Easy Growing: Organic Herbs and Edible Flowers from Small Spaces is a book with more specific information on growing it still doesn't top Grow Great Grub. I find that there are more useful information in Grow Great Grub. When I can't find the information I want in Easy Growing I turn to Grow Great Grub or I tend to use both books to get the most info on a certain plant, this tells me that Easy Growing doesn't have ALL the info on edible herbs and flowers. Never the less, it is a great book and if you're ONLY concerned with edible herbs and flowers then I would suggest foregoing Grow Great Grub and purchase Easy Growing instead.

I wasn't familiar with this author's books before acquiring this one, but I now think she is an excellent writer--enthusiastic, knowledgeable, and full of interesting ideas about growing herbs and edible flowers in any space. Gayla Trail has ample experience growing plants in tiny spaces, and she often gives advice that makes readers want to try, even if they haven't done much gardening before. There's a lot of detail here too for the more experienced gardener, and even some projects that children would enjoy, such as growing lemon grass from a grocery-store starter, or growing ginger from an organic bulb. I love the recipes in this book, which are really imaginative too. One of the suggestions is making Bloody Mary mix from late-season tomatoes. I never thought of that! This book would make an outstanding gift to anyone, whether they garden or not. It's inspiring for all levels and would appeal in particular to readers under 30, because the author has a youthful style and appeal herself. That's not to say it won't appeal to older readers--it certainly does--but gardening books with a youthful spin are hard to find when you're looking for a gift. For even more detail and for expert advice on herbs and edible flowers, check out Lois Hole's "Herbs and Edible Flowers" too. It's also a great book.

At first I thought I wouldn't want a whole book on just herbs... However after reading this book I realized how many different varieties of each herb there are, not to mention all the edible flowers I never knew about. Gayla is one inspirational writer I can't wait to fill my garden with beautiful herbs and try out all her recipes! I would recommend this book and her others to anyone who is interested in gardening. They are the greatest.

I chose this rating because the book is specific enough to individual herbs and plants to be useful for looking up an individual plant. I liked the detailed descriptions of procedures and the photographs. I especially liked the recipe suggestions. I would recommend this book to anyone interested in learning how to grow and use herbs. I think this book is targeted at the beginning gardner rather than at the experts.

I had been wanting to start growing herbs for such a long time, and finally decided to jump in. Bought this book and I'm so glad I did, because it really took me through starting an apartment herb garden step by step! Gayla is super knowledgeable and this book has a wide variety of options. It's great for beginners as well as experts!

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Easy Growing: Organic Herbs and Edible Flowers from Small Spaces Herbs: Everything You Need

To Know About Medicinal And Culinary Herbs: (Growing Herbs, Herbs For Health And Healing, Herbs For Weight Loss, Herb Gardening) GROWING HERBS: How to Grow Low cost Indoor and Outdoor Herbs in containers, for Profit or for health benefits at home, Simple Basic Recipes ( How to grow herbs, growing herbs for beginners ) Medicinal Herbs: Discover 12 Powerful Medicinal Herbs You Can Immediately Start Growing In Your Garden (Herbal Remedies, Alternative Medicine, Healing Herbs, Growing Herbs) Flower Pictures Names And Descriptions.: Flower pictures names and descriptions. flower care, annual flowers, bulb flowers, orchids flowers, perennials flowers, roses, wild flowers, organic flowers. Foraging: A Guide to Discovering Delicious Edible Wild Plants and Fungi (Foraging, Wild Edible Plants, Edible Fungi, Herbs, Book 1) How To Dry Herbs: The Ultimate Guide To Drying Herbs At Home For Better Health And Nutrition (Preserving Herbs, Drying Food, Herbs And Spices) The Winter Garden: Over 35 step-by-step projects for small spaces using foliage and flowers, berries and blooms, and herbs and produce Texas Organic Vegetable Gardening: The Total Guide to Growing Vegetables, Fruits, Herbs, and Other Edible Plants the Natural Way Gardening: Organic Gardening Beginners Guide: Growing Vegetables, Herbs and Berries (Gardening, Beginners Gardening, Organic Gardening, Vegetable) Ace Organic Chemistry I: The EASY Guide to Ace Organic Chemistry I: (Organic Chemistry Study Guide, Organic Chemistry Review, Concepts, Reaction Mechanisms and Summaries) Gardening: Hydroponics for Self Sufficiency - Vegetables, Herbs, and Berries (Herbs, Berries, Organic Gardening, Canning, Homesteading, Tomatoes, Food Preservation) Fresh Food from Small Spaces: The Square-Inch Gardener's Guide to Year-Round Growing, Fermenting, and Sprouting Small-Space Container Gardens: Transform Your Balcony, Porch, or Patio with Fruits, Flowers, Foliage, and Herbs The Complete Guide to Growing Your Own Hops, Malts, and Brewing Herbs: Everything You Need to Know Explained Simply (Back-To-Basics) (Back to Basics Growing) The Complete Practical Guide to Small Gardens: A Complete Step-By-Step Guide To Gardening In Small Spaces: Everything You Need To Know About Planning, Design And Planting Organic Body Care Recipes Box Set: Organic Body Scrubs, Organic Lip Balms, Organic Body Butter, And Natural Skin Care Recipes Grow Great Grub: Organic Food from Small Spaces Foraging: Your Beginner's Guide and Definitive Handbook to Foraging Wild Edible Plants and Herbs(foraging guide, foraging for beginners, foraging for survival, foraging tips, foraging wilderness) Fresh from the Garden: An Organic Guide to Growing Vegetables, Berries, and Herbs in Cold Climates